



Sheffield Federation for School Sports

Founded 1889 Registered Charity 523931

Cross Country Association

www.sfss.co.uk

19 December 2017

The Sheffield Schools Secondary Cross Country Championships are to be held in Graves Park on Saturday 13 January 2018 and schools are invited to bring as many runners as they wish to compete in the programme of races.

Age Groups

Y7	(at least 12 but under 13 on 1.9.2018)
Juniors	(at least 13 but under 15 on 1.9.2018)
Intermediate	(under 17 on 1.9.2018)
Seniors	(under 19 on 1.9.2018)

Order of Events – N.B. Early Start Time

9.40am	Y7 Girls
9.55am	Y7 Boys
10.10am	Junior Girls
10.25am	Junior Boys
10.45am	I/S Girls
11.00am	I/S Boys

Senior will be distinguished by wearing race numbers.

The Course

This will start and finish in front of the Pavilion and will be well marked and marshalled. Maps will be on display around the Pavilion.

Awards

The first three individuals in each race will receive certificates.

The first three teams in each race (four to count) will receive certificates.

These will be presented in the Pavilion foyer at 11.40am.

Results

These will be available on the Federation website: www.sfss.co.uk in the week following the event.

Important Notice

The Sheffield Schools team to compete in the South Yorkshire Championship on 3 February 2018 will be selected **after** the Sheffield Championship on 13 January 2018. The first **6** runners (**4** in senior category) in each race will be automatically selected provided they have competed in, or intended to compete in if prevented from doing so by injury, at least one league race, with the remainder being decided upon by performances throughout the league season as well as in the championship race.

**Any athlete wishing to be considered for selection who cannot run in the championships due to injury/other reasons must have this put in writing and sent to Mark Bennehan before the Championships.

The teams will be posted on the website as soon as they are available. Athletes will also be notified of their selection via a letter sent to their respective school – a copy of which can be found on the website along with all necessary consent forms.

Secretary SFSS Secondary Cross Country